Take Charge Of Your Happiness
Thanks To Your Bucket List!

When you are at your best, you achieve your best.

Focusing on your happiness is paramount. Indeed, its level is directly linked to your level of success, thus focusing on it makes a lot of sense, as the happier you are, the more you make happen in your life, career and business.

I want to help you work on that happiness right now, and since happiness is defined individually, here is a list of 100 goals for you to pick & mix for your own list, that way you do not start with a blank piece of paper!

(This list actually represents 100 goals I’ve personally achieved over the last couple of years, and cover diverse areas, such as adventure, vitality, fun, creativity, career & business, contribution, travel, personal development...).

Use these 100 ideas to create your own one: you can copy some of these, you can get more ideas from these, all towards building your own Bucket List.

An M3 Mile Strategy!
Use your 100-item bucket list template: download your complimentary copy here: A4 or Letter.

ENJOY, and remember, any boost to your happiness will result in a boost to the other areas of your life, career and business.
100 ideas

Attend a concert
Autograph something
Bake a rainbow cake
Bake mince pies
Be a columnist
Be on the radio
Build a gingerbread house
Build a snowman
Carve a pumpkin
Dance under the Eiffel tower
Do a 7-day juicing programme
Do a charity walk
Do what I love EVERY single day
Donate my hair
Donate to charity
Drink from a coconut
Drive a quad
Eat at a Michelin 1 Star restaurant
Eat at a Michelin 2 Stars restaurant
Eat pizza in Italy
Eat truffles
Get a hot stone massage
Go abseiling
Go kayaking
Go on a Californian road trip
Go on a cruise
Go rock climbing
Go snorkeling
Go to Bora Bora
Go to LegoLand
Go to Prague
Go to Switzerland
Go to the North Cape
Grow my own food
Have a champagne afternoon tea at a luxury hotel
Have a white Christmas
Have drinks at an Ice bar
Have face painting
Hit the archery bulls-eye
Lead my own live events
Learn archery
Learn calligraphy
Learn how to pour a pint of Guinness
Make a cupcake bouquet
Make ice cream
Make pizza dough from scratch
Marry the love of my life
Meet Zig Ziglar
Order a martini, skaken, not stirred
Own a home
100 ideas

Paint something at a ceramic place
Paint something on canvas
Plant a tree
Read all of Arthur Conan Doyle’s mystery novels
Read all of Marcel Pagnol’s books
Receive a dozen of red roses
Ride a black cab in London
Ride a cable car
Ride a limo
Ride a roller coaster
Roast chestnuts over a fire
Run a 10k.
Run a 5k.
Run a half-marathon
Run a marathon
See a Cirque du Soleil show
See a shooting star
See the Cliffs of Moher
See the Fjords of Norway
See the Golden Gate Bridge
See the Mona Lisa
Sleep in a castle
Solve a rubik’s cube
Spend a holiday somewhere exotic
Spend a weekend at a 5-star spa
Start a blog
Start my own business
Stay all day in pyjama
Stay in a Suite in Las Vegas
Take a mixology class
Take a segway tour
Take up yoga
Throw someone a surprise party
Travel First class
Try tiramisu
Visit a chocolate factory
Visit Disney World
Visit Southfork, Texas
Visit Stocklom, Sweden
Visit the Anne Frank museum in Amsterdam
Visit the Biltmore estate
Visit The Hermitage in St. Petersburg, Russia
Visit the Louvre, Paris, France
Visit the palace of Versailles, France
Visit the winter palace in Russia
Visit Verona, Italy
Watch all of the Harry Potter movies in one day
Watch all of the James Bond movies
Write a book
Write a love letter